If your child does reveal something to you?

- 1. Assure your children that whatever they share will be believed
- 2. Assure them that whatever happened was not their fault—many kids live with shame and a feeling that it "wasn't a big deal" or that they were somehow responsible for what happened.
- 3. Watch for and pay attention to any symptoms both past and present that may be associated with misconduct (behavioral/emotional changes, sleep/eating disturbances, withdrawing, expressing sexuality in unhealthy ways).
- 4. Inform law enforcement, seek help

Dr. Shawn Scholten

Creative Living Center, P.C.