

## **You could be a part of Western's next State Champion!**

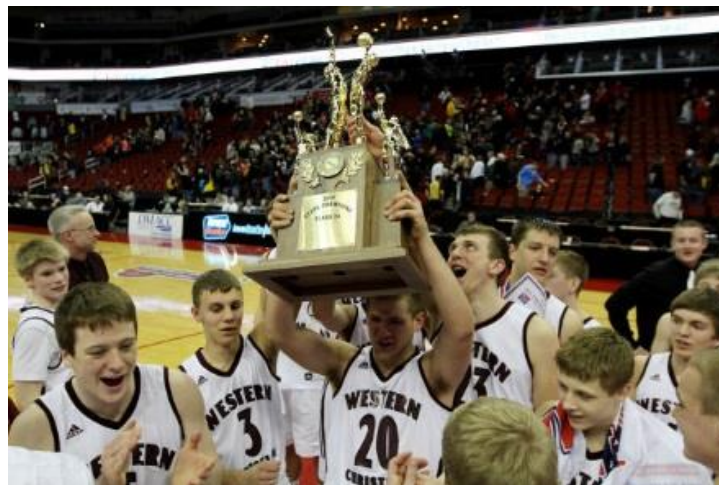
Champions are made of Desire, Determination, and Hard Work. The Western Christian High School Junior Wolfpack program offers a variety of activities that students can participate in. These are awesome opportunities to get involved and try different sports, meet students from different schools, and to be challenged to be the best in a God centered environment!

### **Baseball**



Junior Wolfpack baseball is a great way for boys to develop their fundamentals and love of the game. The season runs from the end of May to early July. There will be multiple practices and games each week. Home games are played at the Hull city fields. The boys are split into two teams. 7th-8th grade are in a league with surrounding area teams. 5th-6th grade is available for those who cannot play on their home town team. 8th graders will also have the opportunity to make the JV high school team depending on participation numbers throughout the entire baseball program. Information flyers will be sent to all the schools. Baseball is a great way to get out and enjoy God's creation and glorify Him.

### **Boys Basketball**



Your son is invited to participate in Youth Wolfpack Basketball. We encourage all youth Wolfpack to attend our summer camp in July. This is our first opportunity to develop different friendships while learning to compete for a couple days in the summer. In October, we will be practicing for approximately 5-6 tournaments which run January through March. Most practices will take place at Western Christian. The goals for our youth basketball program is to introduce the boys to proper fundamentals, work together as a team, develop lifelong friendships and play for the glory of God. Come and be a part of the tradition!!

## Girls Basketball



This opportunity is for all girls going into grade 5-8. This year approximately 70 girls were involved in this exciting program. Many coaches are parents of the girls involved and have expressed interest in coaching and mentoring the girls in a positive way. The season for Youth Wolfpack Basketball runs from mid-October through mid-January, and includes a weekly practice and participation in 4 tournaments. The goals for the program include working on the fundamentals of the game, while maintaining a positive attitude at all times, hopefully fostering a love and passion for playing basketball. The coaches are also encouraged to give each participant a specific goal or skill to work on throughout the season.

## Cross Country



Western Christian Junior High Cross Country is a great way to meet new people, make new friends and learn more about running. A typical week for our Junior High XC team is one practice per week as a team, one meet, and three practices on your own. The season starts the last week of August and runs through mid-October. We have a lot of fun but we also work hard as we usually finish in the top three teams each meet we participate in. The coach will send out the information in April and again in May. If you would like to know more about Jr. High XC at Western contact Coach Lems by email at [dalton.lems@westernchristianhs.com](mailto:dalton.lems@westernchristianhs.com).



## Football



Youth Wolfpack Football is a sanctioned program for 7-8th graders from the area schools. Registration for the program happens in May after letters have been sent out to area Christian schools. Registration includes a parent meeting, signing of consent forms, and fitting for equipment. About 50 students participated in the program in the past season. Coaches are paid and licensed by the state of Iowa. Practices start in early August with games starting in early September, and final games of the season by the 3rd week in October. Both the 7th and 8th grade teams had six games in their schedule this past season. Western's Youth Football program is excited to be a part of the growing tradition of state champions at Western Christian!

## Softball



Junior Wolfpack softball is a great way for girls to develop their fundamentals and love for the game. The season typically starts in Mid-May with practices after school and runs through early July. Once school is out most practices take place in the morning. All games and practices take place on Westerns High School softball field. This is available to all girls just completing 6th and 7th grade for the current school year. We have 2 teams that play 14 game schedule with an occasional weekend tournament. The season is typically completed by the 4th of July. Current 8th graders are invited to participate in the High School program as part of the freshman and/or JV teams. Informative flyers were sent to all the schools in March. Softball is a great way to get out and enjoy God's creation and glorify Him.

## **Volleyball**



We send information out in early December. The opportunity to play AAU volleyball is for girls in grades 5-8. Practices start at the end of December and practice is held once a week at Western. Tournaments are held on Saturdays and start late January and go through Mid-March. We believe AAU is the building block for our success at the high school level. The goal of our program is to enhance individual volleyball skills, meet new friends, and have fun!! At the end of the season there is a State AAU tournament in different locations. 5th is in Cedar Falls, 6th is in Indianola, 7th is in Ankeny, and 8th is in Marshalltown. This is always a very exciting and anticipated event to conclude the AAU season!

## **Youth Wolfpack Wrestling**



The Youth Wolfpack Wrestling program is open to wrestlers ages PreK-8th grade. The season typically starts in late November with a night of learning basic wrestling moves, fun, exercise, and meeting other wrestling enthusiasts. Wrestlers will then be encouraged to enter area tournaments with the Youth Wolfpack Team! The Youth Wolfpack Wrestling season runs through February. Information about Western's Youth Wrestling program can be obtained by calling the school at 439-1013.

## **Any Questions?**

Contact: Travis Kooima via email: [travis.kooima@westernchristianhs.com](mailto:travis.kooima@westernchristianhs.com)