

## *Western Christian Dance Team Try-Outs*

*Try outs for both the JV and Varsity teams will be on Saturday, May 10 starting at 9:00 am and ending by noon. This will be held in the gym at Western. Everyone will warm up together with some stretching and cardio and then I will be teaching a short routine. There is nothing your daughter needs to know beforehand. I will have them show the judges one special thing they can do. This can be as simple as a fantastic leap, a cartwheel, great kicks or as elaborate as a tumbling pass or multiple dance skills. It's not meant to make anyone nervous. It's to give me an idea of what everyone is capable of because sometimes they don't always tell me what they can do! 😊*

*The JV team is for 8th-12th graders (of the 25-26 school year) and the team practices on Thursday nights from 7-9pm. Their team state competition is held in Newton at the end of October. We will compete one or 2 routines. Then the team will perform at basketball games and our end of year dance night. There are a couple other performance opportunities in the fall as well.*

*Please fill out the information using the link below. If you know of anyone else that may be interested in trying out for dance team please let me know or share this information with them!*

*[https://docs.google.com/forms/d/e/1FAIpQLSfyQgLRjBfmJ19wll8\\_PT7FBt0Ae0\\_n9eU\\_wJjN2Uk\\_uUgFcw/viewform?usp=header](https://docs.google.com/forms/d/e/1FAIpQLSfyQgLRjBfmJ19wll8_PT7FBt0Ae0_n9eU_wJjN2Uk_uUgFcw/viewform?usp=header)*

*Please contact Coach Megan at [megan.kooima@westernchristianhs.com](mailto:megan.kooima@westernchristianhs.com) if you have more questions.*