





National 4-H Week!

October 4-10 2026

4-H is more than a club—it's an opportunity for Sioux County youth in 4th -12th grade to learn, lead, serve and grow.

Through hands-on projects and experiences, Sioux County 4-H'ers explore their interests in areas such as agriculture, animals, STEM, healthy living, citizenship, communication, leadership, and the arts. With the support of caring adult volunteers and mentors, youth gain skills that help them succeed. 4-H gives young people opportunities to try new things, build confidence, develop leadership skills and make a difference in their communities.

4-H in Sioux County

- **Hands-on learning that turns interests into real-world skills**
- **Leadership opportunities that help youth become confident decision-makers**
- **Community involvement that teaches youth the importance of giving back**
- **Caring adult volunteers who encourage and support youth along the way**
- **A place for everyone—whether you're interested in livestock, STEM, cooking, photography, public speaking, woodworking, sewing, gardening or something completely new!**

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4-H Members Are Growing Every Day!

Research shows that youth involved in 4-H are:

2X more likely to feel positive about their well-being

3X more likely to feel competent

2X more likely to make healthier choices

2X more likely to participate in out-of-school science programs

4X more likely to make a positive contribution to their communities



Questions? Want to learn more?

To learn more about 4-H, visit www.extension.iastate.edu/4h/ or contact Jade Bakker.

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Beyond Ready

Ready to Join 4-H?

We'd love to have you!

To join 4-H, visit https://v2.4honline.com/ and login (if your family already has an account) or create an account (if you are new to 4-H). For instructions, scan the QR code or visit https://go.iastate.edu/OYQPN1, and click 'Family Enrollment Guide.'

Iowa State University Extension and Outreach

ISU Extension and Outreach Sioux County

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