



GIRLS

2021/2022
JUNIOR KNIGHTS

BASKETBALL

LINK TO SIGN-UP FORM:
<https://forms.gle/8kCF4TVcgC2rXVRS6>

PURPOSE

The purpose of Jr. Knights is to bring 5th-8th grade girls together to develop a passion and excitement for the game of basketball. Our goal is to help them to develop a great work ethic and provide opportunities to learn the proper fundamentals. We will also emphasize and encourage skills and knowledge that we think is important to our program.

PRACTICE

Practice and open gyms start the first week in October and wrap up the first part of January. The schedule will be posted online on the Junior Knight's web page that can be accessed by going to Unity Christian's website. The goal is to have all of our teams practice on the same nights once a week. This helps us to have consistent times and locations for our parents, players and coaches (Thursday). Practices will either be at Unity Christian or at Orange City Christian.



Additional information can
be found on the website:
[https://www.unitychristian.net/
junior-knights-girls-basketball](https://www.unitychristian.net/junior-knights-girls-basketball)