

KIDS COOKING CAMP EAT THE RAINBOW

6 HANDS-ON COOKING CLASSES

KIDS AGES 6 - 9 | COST \$30



Mondays starting June 24 - July 29 | 9:30 - 10:30 am
Sioux Center High School Home EC Classroom



DANIELLE NANKE,
RDN, LD
DIETITIAN



TONYA HUENINK,
RDN, LD
DIETITIAN

Kids will love this hands-on cooking series! Kids will learn age-appropriate cooking skills and prepare simple recipes they can make with little to no help. They'll also have the opportunity to explore many new foods with all their senses and learn the importance of eating the rainbow!

To register, call 722-8125 by June 14.