

## **Jr. Knights Basketball Challenge for 5<sup>th</sup>-8<sup>th</sup> Boys**

The Unity Christian basketball coaches have a summer challenge for boys entering grades 5-8. It is our goal for you to make 10,000 shots this summer. The BEST program workouts can be included in this. The boys are encouraged to print off a calendar and write down the number of shots they make each day from May to the end of August. You may then turn in what you have completed to me by email or you may also mail the calendars to Cody Harskamp at the address below.

[charskamp@unitychristian.net](mailto:charskamp@unitychristian.net)

Unity Christian  
c/o Cody Harskamp  
216 Michigan Ave SW  
Orange City, IA 51041

Thanks and have a great summer!

Coach Harskamp